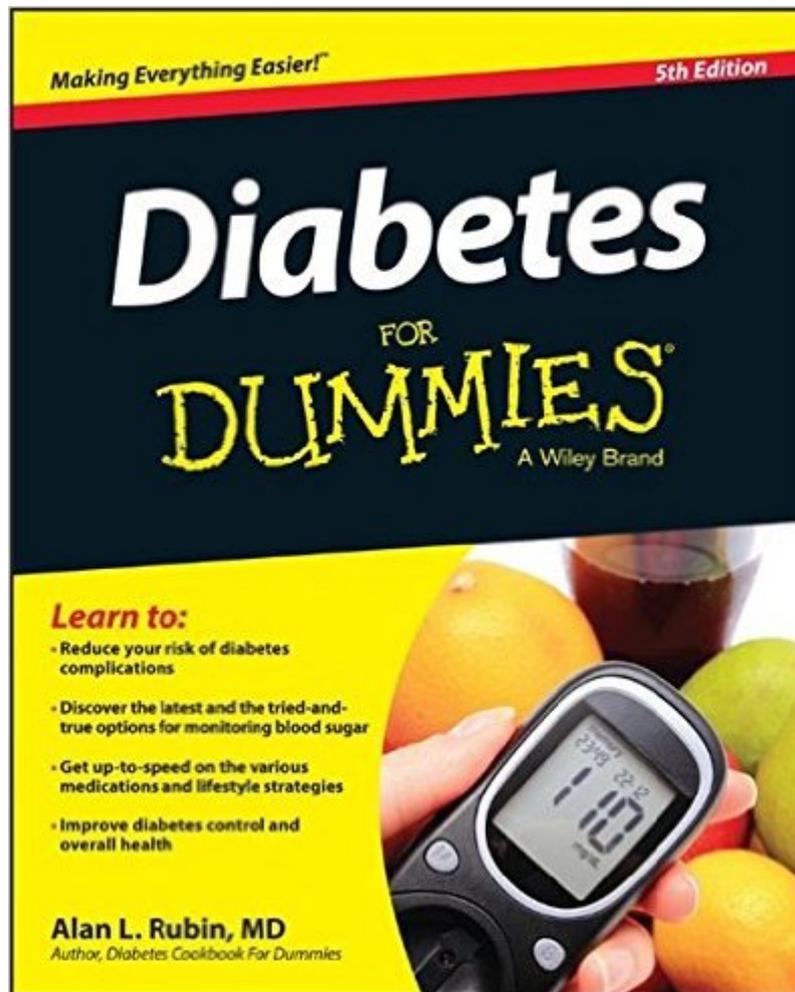


The book was found

# Diabetes For Dummies



## Synopsis

The straight facts on treating diabetes successfully With diabetes now considered pandemic throughout the world, there have been enormous advances in the field. Now significantly revised and updated, this new edition of *Diabetes For Dummies* includes the latest information on diabetes medications and monitoring equipment, new findings about treating diabetes in the young and elderly, new ways to diagnose and treat long- and short-term complications, updated nutritional guidelines, new tools for measuring blood sugar and delivering insulin to the body, and much more. There's no question that the burden of diabetes is increasing globally: it's estimated that 387 million people worldwide are living with diabetes, and that staggering number is expected to increase an additional 205 million+ by 2035. If you or a loved one is part of this overwhelming statistic, you can take comfort in the sensitive and authoritative information provided in this hands-on guide. From monitoring and maintaining your glucose to understanding the importance of exercising and eating right—and everything in between—*Diabetes For Dummies* takes the guesswork out of living with diabetes and empowers you to take control and keep your life on a healthy track. Reduce your risk of diabetes complications Discover the latest and the tried-and-true options for monitoring blood sugar Get up to speed on the various diabetes medications and lifestyle strategies Improve diabetes control and overall health If you're one of the millions of diabetics or pre-diabetics in search of an accessible and up-to-date resource to help you manage this disease, *Diabetes For Dummies* is the trusted guide you'll turn to again and again.

## Book Information

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## Customer Reviews

I've read several "For Dummies" books and have always been happy - until now. The writer gives nice detail in some areas but leaves a great deal unsaid and unexplained. For someone who is entirely new to the diabetic journey, it doesn't provide enough information to answer many questions. Lastly, some of his information runs counter to other credible sources. It left me with the impression that he's more interested in promoting his own (seemingly biased) views, rather than approaching the subject as I've seen of other Dummies authors, which is to present the reader with enough well rounded information to make their own informed choice.

This is the second edition of this book I have purchased. It is a great reference for those who know nothing about diabetes or a refresher for those who just need to be reminded about the intricacies of the condition. The updated version gives new information about new drugs, research and treatments.

When you get diagnosed as a diabetic; this is your first stop: down load it to your Cell Phone. Read it, it will save your life and your quality of life. From zero to one hundred in a few days of reading. You can get your diabetes under control and get your life back. Dr. Rubin, thank you for saving this Registered Nurse's life.

I an RN and i get questions from all my family regarding anything and everything. Father in law was recently diagonosed, though he seems to fully understand diabetes this book will poke fun and will make it interesting for the reader. He hasn't but the book down.

This author is knowledgable and humorous about a serious subject. Straight forward and useful. My doc recommended the book. I'm glad he did.

Very informative. My husband was recently diagnosed with type 2 diabetes and I know nothing about it. I feel very informed now.

This has been very helpful after my diagnosis. Would have been even better to read it before. All prediabetics and people with a family history should read this.

Helped getting info in many areas of foods and liquids , to started a plan of daily does and don't s....

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